



Sallisaw HS XC Schedule 2023

Date	Day	Location	Departure Time
August 18th	Friday	Poteau	7:00 am
August 24th	Thursday	Tahlequah	6:30 am
August 31st	Thursday	Gore	8:30 am
September 16th	Saturday	Tahlequah Sequoyah	7:00 am
September 23rd	Saturday	Home	Warm up 8:00 am
October 5th	Thursday	Greenwood AR	3:00pm



Date	Meet	Location	Departure Time
October 21st	Regionals	TBA	TBA
October 28th	State	TBA	TBA